

# Trumpington Meadows

## 3km Running & Walking Route

- **Walk, jog or run**
- **3km around Trumpington Meadows & Byron's Pool**
- **Terrain:** mixed terrain with variable path surfaces including grass, concrete and woodland paths. Flat surface. Paths will become muddy in wet weather.
- **Lighting:** The country park is not lit at night so we advise users to go around the route in daylight.
- **Wheelchair accessible:** mostly accessible, but the wooded area has uneven surfaces with lots of broken branches and tree roots on the paths.
- **Postcode:** CB2 9LT
- **Amenities on site:** Parking at Trumpington Park & Ride (CB2 9FT) or Byron's Pool (CB2 9LG), toilets at Park & Ride, cycle racks at the Country Park, café at Waitrose supermarket nearby.
- **Markers:** look out for the Run England 321 markers along the route to guide the way.



### Key route points (see map)

- 1 Start & finish** at the notice board in the middle of Trumpington Meadows nature reserve and country park. Follow the path towards the Wildlife Trust rangers hut in the park's north-east corner.
- 2** Turn left, following the path around the top of the park, passing the allotments on your right.
- 3** Leave the park at Byron's Pool car park. Turn left and follow the woodland path down, running parallel to the country park, heading for the M11. Look out for the 1km marker.
- 4** Come back into the country park following the path towards the 'Balancing Pond'.
- 5** At the pond, keep right to loop around it.
- 6** First time around, keep to the outer edge, following the paths. You pass the 2km marker.
- 7** Loop around the pond again but take the shorter, inner path.
- 8** Take a right, heading away from the pond, following the path through the middle of the park towards the start/finish point, 3km.

## Trumpington Meadows

Trumpington Meadows nature reserve and country park is run by the Wildlife Trust. Rangers are on site throughout the day for any advice about the park and surrounding area. This is a beautiful reserve for wildlife throughout the year, but particularly in the summer when the wildflower meadows are in full bloom.

### Other Cambridge Routes

#### Jesus Green and Midsummer Common

A 2.5km walk, jog or run route around Jesus Green and Midsummer Common, starting from the Jesus Green Kiosk, Cambridge CB4 3AX



#### Cherry Hinton Hall Park

A 2km walk, jog or run route around Cherry Hinton Hall Park, starting from the Cherry Hinton Hall Park, Cambridge CB1 8DW



### Cambridge Running Events

#### Race for Life

5k and 10k Race for Life events held on Parker's Piece every July. See: [raceforlife.cancerresearchuk.org](http://raceforlife.cancerresearchuk.org)

#### Cambridge Half Marathon

Usually run in February each year. Information from: [www.osbevents.com](http://www.osbevents.com)

#### Greater Cambridge 10k

A flat and traffic-free course starting from the University of Cambridge Sports Centre each September. [www.livingsport.co.uk/events-courses-2/greater-cambridge-10k](http://www.livingsport.co.uk/events-courses-2/greater-cambridge-10k)

#### Cambridge Town and Gown 10k

A scenic route through the heart of Cambridge run every October – see [www.townandgown10k.com/cambridge](http://www.townandgown10k.com/cambridge)

#### Parkrun

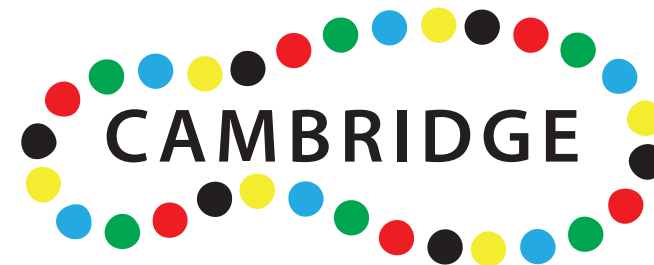
Free 5k run at Milton Country Park every Saturday morning at 9am – [www.parkrun.org.uk/cambridge](http://www.parkrun.org.uk/cambridge)

### Further information contact:

[www.cambridge.gov.uk/run](http://www.cambridge.gov.uk/run)  
 Email: [sport@cambridge.gov.uk](mailto:sport@cambridge.gov.uk) Phone: 01223 457532  
[www.wildlifebcn.org](http://www.wildlifebcn.org)

Photos courtesy of Cambridge City Council, Run England and Becky Green

# RUN



## Trumpington Meadows

### 3km Running & Walking Route



Bedfordshire  
Cambridgeshire  
Northamptonshire



RunTogether  
ROUTES



# Trumpington Meadows & Byron's Pool, Cambridge 3km Running and Walking Route

