

# SouthCambs

## Magazine

[www.scambs.gov.uk](http://www.scambs.gov.uk)

Autumn 2024



**Take a trip around  
an eco home**

Page 16

**Give your  
electricals new life**

Page 20

**A spotlight on  
Bourn's businesses**

Page 44

**WIN**

**A luxurious  
spa day  
for two!**

See page 46

Ribbon cutting of the new electric Mobile Food Hub. Pictured left to right: Mahesh Hettiarachchi (Director of Hope CIC), John Bridge OBE MSTJ DL (Deputy Lieutenant of Cambridgeshire) and Cllr Bridget Smith (Leader of South Cambridgeshire District Council)

News in brief | Your Council | Climate and environment  
Recycling and waste | Housing | Planning | Communities  
Shop local | Competition



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# Hello

## Welcome to the autumn edition of South Cambs Magazine

As the golden colours of autumn begin to settle across the district, we invite you to explore the rich tapestry of seasonal events and local stories in this edition of our magazine.

We're passionate about the environment and have an array of grants available for community groups and parish councils to support action on nature recovery and climate change in our villages. We are also offering up to £5,000 for electric vehicle charging points at village halls and community buildings. To find out more turn to page 12.

Have you always wanted to go green in your own home but aren't sure where to start? Read about Open Eco Homes events taking place from 21 September. There's free expert-led talks and tours of local properties – and it's a unique opportunity to gain insights into making homes more environmentally friendly, while also considering the economic costs and advantages of such improvements. Turn to page 16 for details.

Did you know that British shoppers buy more clothes than any others in Europe? So, with fashion contributing up to 10% of global emissions, is it time for a revolution in the way we dress? Turn to page 23 to read more and find out how you can help.

Why not get inspired with things to do in the district during the autumn and check out our Visit South Cambs feature. From pumpkin picking to firework displays and antique fairs, there's something for everyone, whether they're a resident or visiting family and friends. For businesses do please get in touch to register for a free listing on our popular tourism and hospitality website. Find out more on page 45.

I hope you enjoy reading the magazine.

**Cllr Bridget Smith**  
Leader  
*South Cambridgeshire District Council*



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## Winter 2024 Edition

The next issue of South Cambs Magazine will be delivered between **Monday 25 November to Saturday 7 December**.

Contact Smart Distribution for delivery enquiries.

✉ [scdc@smartdistribution.co.uk](mailto:scdc@smartdistribution.co.uk)

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👉 [www.scambs.gov.uk](http://www.scambs.gov.uk)

You can also create a My South Cambs account, to see personalised information – such as your Council Tax payments or your Benefits account.

👉 <https://mysouthcambs.scambs.gov.uk>

Or you can email us, phone us, write to us, visit our offices, or get in touch using our social media channels.

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📍 South Cambridgeshire District Council, South Cambs Hall, Cambourne Business Park, Cambourne, CB23 6EA

👤 Our office opening hours are 9am to 4pm, Monday to Friday. If you come to the office, we'll try our very best to resolve your query there and then. If we can't, our advisors will book you a follow-up appointment when you will be able to speak to someone from our relevant service. Alternatively, you can book your own appointment at [www.scambs.gov.uk/book-an-appointment](http://www.scambs.gov.uk/book-an-appointment)

📘 South Cambridgeshire District Council

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- write in plain language
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### If we visit you we will:

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- arrive at the time we say we will, or give you as much notice as possible if we have to change the time.

### If we get it wrong we will:

- apologise if we have made a mistake or failed to meet our standards
- acknowledge your written complaint within three working days
- reply in full to your complaint within 10 working days.

## Assisted Digital Service Support

We have set up Assisted Digital Service Support to ensure that nobody is excluded from completing an online application or e-form due to difficulty with digital skills or access to a computer. Eligible customers are offered telephone support or face to face support by one of our contact centre advisors. Your local library or Parish Council hub can also help.

➔ [www.scams.gov.uk/contact-us](http://www.scams.gov.uk/contact-us)



## News in brief



### Cambridge Pride 2024

Did you spot some of our colleagues at Cambridge Pride 2024 back on Saturday 15 June? Our stall had glitter tattoos, guess the number of sweets in the jar, a rainbow balloon arch, and we were joined alongside other public sector organisations and charities.

We received an incredibly positive response - many people we spoke to were interested in learning more about South Cambridgeshire as a place to live and work. Several had never considered a career in local government but were encouraged by meeting us at the event. We spoke about what councils do, and the varying opportunities that could be available to them as an employee.

We are looking forward to attending next year as it was a great experience for both staff and the public.

Check out our latest vacancies on our website.

➔ [www.scams.gov.uk/jobs](http://www.scams.gov.uk/jobs)



### Drivers fined for dropping cigarettes

Motorists who throw cigarette ends out of car windows are being warned to stop littering after two people were fined £400 each.

The pair were witnessed by one of our officers flicking their cigarette ends out of their car window.

One of the motorists was driving along the A10 Ely Road and the other was driving on Cambridge Road, Fulbourn. The incidents happened on separate dates.

Both offenders were given the opportunity to pay a Fixed Penalty Notice rather than attend court for the offence.



### The Connections Bus Project

The Connections Bus Project is a small charity that carries out valuable youth work across Cambridgeshire – and currently visits 14 villages.

Demand is high for its services – with over five villages on the waiting list. More Youth Workers, who can spare three or more hours a week in the evenings, are therefore needed. Current Youth Workers come from all walks of life. They are aged 18 to 88, with varied backgrounds and include parents, police officers, office staff, teachers – to students, grandparents and those who want to give something back to their community. The charity operates two double decker youth buses. So, if you're interested in 'driving' for Connections, they'd love to hear from you.

Visit [www.connectionsbusproject.org/vacancies](http://www.connectionsbusproject.org/vacancies) to get involved.



### Mobile Food Hub goes electric

The Mobile Food Hub that visits South Cambridgeshire villages has a new electric vehicle, thanks to funding from our Zero Carbon Communities Grant scheme.

The initiative celebrated a year since its initial launch at the end of July. It helps ensure residents have access to affordable food and essential items. In the last year, the van has received over 1,500 visits.

The Mobile Food Hub is co-ordinated by Hope CIC, a not-for-profit organisation based in Cambourne. Hope CIC successfully bid for £20,000 of seed funding from us to begin the project last summer to help with the rising cost of living.

➔ [www.hopeagainst.org/hopeonthegoschedule](http://www.hopeagainst.org/hopeonthegoschedule)





## Children's October half term sports holiday camps

Join our popular October half term athletics and netball camps for children in school year three to year nine. They are for children of all abilities. Led by qualified coaches, the camps offer a fantastic opportunity for kids to try out a variety of different activities and learn new skills in a safe, inclusive and enjoyable environment.

### October half term Camps

- Athletics: 29 October - Cambridge University Track
- Netball: 30 October - Impington Sports Centre

For full details and to book, go to our website.

➔ [www.scambs.gov.uk/sportscamps](http://www.scambs.gov.uk/sportscamps)



## Let's improve our health together

Discover a healthier you with our Active & Healthy 4 Life initiative, tailored for individuals managing everyday health conditions. Qualified instructors create personalised gym-based exercise programmes, encouraging twice-weekly attendance and offering advice on complementary activities like walking sports, cycling, and swimming. If you're 18 or older and aiming to manage conditions like high blood pressure, cholesterol, diabetes, osteoporosis, arthritis, or asthma, or seeking post-operative support, this scheme could be for you. Simply ask your health professional to complete our website's referral form, then contact your preferred sports centre to schedule an instructor appointment.

Join for £20 per month for four months. For full details, visit [www.scambs.gov.uk/active](http://www.scambs.gov.uk/active) or email [AandH4L@scambs.gov.uk](mailto:AandH4L@scambs.gov.uk). Turn to page 37 to read about our new Cardiac Phase 4 scheme.



## Supporting Women in Midlife to Work

During midlife, we sometimes encounter obstacles that impede work options, leading to frustration, isolation, and lost income. If this resonates with you, know that you are not alone.

There is a growing community of women in Cambridgeshire facing similar challenges, along with good local employers who value life experience and transferable skills.

Whether you need flexibility due to caregiving responsibilities, have gaps in your CV, are low in confidence, or have health barriers, Midlife360 is here to help with:

- Friendship and support
- Confidence building
- Training and skills development
- Social events
- Introductions to employers, work experiences, and apprenticeships (at any age)
- 1-1 mentorship and group coaching

Email [hello@midlife360.co.uk](mailto:hello@midlife360.co.uk) or visit [www.midlife360.co.uk](http://www.midlife360.co.uk) to find out more.

## Rail and Ale Trail

The Meldreth, Shepreth and Foxton Community Rail Partnership – which we are a part of – recently created a Rail and Ale trail. This is a booklet that highlights the different walks you can take from five stations in South Cambridgeshire to the surrounding pubs.

The trail highlights 16 village pubs, all within a 35-minute walk from one of Foxton, Shepreth, Meldreth, Shelford or Whittlesford Parkway stations.

The booklet details short, picturesque walks you can take from the railway stations to the local pubs within the area – along with what is on offer.

The booklet is available at all the local pubs included in the guide. It can also be accessed online via our Visit South Cambs website at [www.visitsouthcambs.co.uk/activities/rail-ale-trail/](http://www.visitsouthcambs.co.uk/activities/rail-ale-trail/)

### South Cambs Magazine

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**BUILD YOUR CONFIDENCE, MEET NEW PEOPLE, EXERCISE YOUR MIND AND BODY**

**COURSES START WEEK COMMENCING 23rd SEPTEMBER 2024** (unless otherwise stated)

DAY	COURSE	TIME	WEEKS	COST
<b>MON</b>	A Taste of India (Indian cookery) (starts 04/11/24)	19.00-21.00	3	£40
	Ceramics - all abilities	19.00-21.00	10	£160
	Dressmaking - all abilities	19.00-21.00	10	£130
	Grow your own fruit & Veg (Organic gardening)	19.00-21.00	8	£104
	Tap Dancing	19.00-20.00	10	£70
	Yoga Foundations (Asana, Meditation & Pranayama)	19.30-20.30	10	£70
<b>TUE</b>	Ceramics - all abilities	19.00-21.00	10	£160
	Guitar for Beginners	19.15-21.15	10	£130
	Italian Advanced Conversation	09.30-11.30	10	£140
	Italian Beginners	17.00-18.30	10	£98
	Italian Intermediate	18.30-20.00	10	£98
	Italian Advanced and Conversation	20.00-21.30	10	£98
<b>WED</b>	Watercolour with Confidence	14.30-16.30	10	£136
	Advanced Cantonese Language	17.00-18.30	10	£98
	French Conversation Advanced	10.00-12.00	10	£140
	Garden Design - Beginners/Intermediates	19.00-21.00	10	£130
<b>FRI</b>	Learn Mandarin with ease!	18.30-20.00	10	£98
	Friday Singers	09.30-11.15	10	£56

## SATURDAY WORKSHOPS—23rd November 2024

	TIME	COST
Authentic Thai Food (Thai cookery)	10.00-13.00	£29
Indian Dinner Party for Friends (Indian cookery)	10.00-16.00	£43
Seed Saving and Sowing (Organic gardening—all plants covered)	10.00-16.00	£42
Willow Christmas Decorations	09.30-12.30	£26

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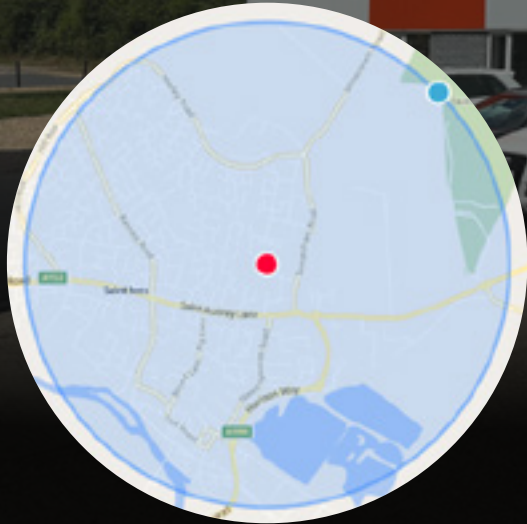




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# What we achieved in 2023/24

Our Cabinet recently discussed our end of financial year performance report. This was an opportunity to look back on achievements from the previous 12 months.

## Growing local businesses and economies

- We reached the milestone of having promoted over 275 local independent businesses through our Visit South Cambs website at [www.visitsouthcambs.co.uk](http://www.visitsouthcambs.co.uk) – whilst we also promoted over 900 local events during this year alone.
- We welcomed 1,500 visitors and 77 traders to the Cambourne Christmas market and plan to increase this number this year.
- We delivered 10 different business support and resilience webinars and workshops, such as ‘how to do business with the Council’ and ‘protection from cybercrime’. We are continuing to deliver business support webinars and workshops this year, working towards a target of 12 across the year.
- We supplied space for businesses, reaching 95% occupancy on our commercial premises and refurbishing space at our Cambourne office ready to rent out to small businesses and start-ups.
- We provided support leading to the establishment of six new markets in the district, in Cottenham, Hauxton, Marleigh, The Gransdens, Great Shelford, Histon, and Northstowe. Overall, this helped to create 450 additional trading opportunities.



Our annual Christmas market in Cambourne. Keep an eye out for news on this year's event!

## Housing that is truly affordable for everyone to live in

- 48 new build Council houses were completed and 61 purchased using government funding, with a pipeline in place for more this year.
- We brought 25 empty homes back into use which had been empty for longer than six months.
- Successfully gained £1.8m of Government funding for decarbonisation works on our Housing stock through the Social Housing Decarbonisation Fund, which will allow us to improve the efficiency of another 250 properties over 2 years.
- Launched the bespoke Northstowe Discounted Market Homes scheme in partnership with Homes England and Keepmoat Homes to help first-time buyers to get onto the property ladder; with first sales approved October 2023.
- We achieved planning permission for the first South Cambs Investment Partnership housing scheme. This will see 256 new low-carbon homes beside Cambourne Business Park, of which 102 will be affordable.
- We delivered the Northstowe Temporary Community Centre in July 2023 and delivered Northstowe Sports Pavilion in October 2023.



New Council homes under construction in Cottenham

Across these two pages, we've pulled together a small selection of some of the things that we're proud of from the past financial year – under our four key Business Plan priority areas. As you'll see, there's much more to your Council than just emptying the bins.

## Being green to our core

- We planted 34 new standard trees, 228 whips (very young trees) and created four new wildflower areas on our estates.
- We are now operating four electric bin lorries and are using Hydrotreated Vegetable Oil in some of our vehicles to reduce the overall carbon emissions from our fleet.
- We are now certified as a Bronze Carbon Literate Organisation with over 50 colleagues attending Carbon Literacy Training.
- We delivered trees to 46 parish councils through our 'Six Free Trees' initiative. More than 750 trees have been planted in the district through this scheme since 2020.
- We provided grants to villages to plant trees and undertake projects to help with 'doubling nature' in local communities. These included the Girton Local Nature Recovery Plan Group and a wooded area of land in Meldreth.
- We held a Climate Conference in November to celebrate and inspire local climate action. 70 people attended, representing 25 local organisations.
- We awarded over £125,000 in Zero Carbon Communities grants to 10 projects tackling climate change, tripling the amount of carbon reduction forecast and bringing the total grant awarded in five years to £500,000.



Tree planting in Meldreth

## A modern and caring Council

- We promoted apprenticeships as a development route for our staff and recruited a new intake of apprentices - with 21 colleagues starting apprenticeships with us through the year.
- We undertook joint roadside checks initiatives with the Police, HMRC and other partners to help combat fly-tipping.
- £732,488 was spent on home adaptations and £184,027 on repairs, to help people live independently and safely in their homes.
- We launched our online webchat service, helping residents interact with us online during business hours, with more than 1,300 webchats completed.
- We provided funding to support activities that benefit the health and wellbeing of residents, in the form of Service Support grants, Community Chest grants and Let's Get South Cambridgeshire Active grants.
- Our Homes for Ukraine Team supported 289 groups to move on from hosted accommodation to longer term homes in the form of private accommodation or social housing.



Cambridgeshire police helped us carry out roadside checks to deter fly-tipping



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# Grants available to support climate and nature projects

We have an array of grants available for community groups and parish councils to support action on nature recovery and climate change in our villages.

**Our Community Chest Biodiversity Grant can provide up to £2,000 for projects which enhance biodiversity and preserve nature. This grant is open all year round for applications from community groups and parish councils.**

The new Community Growing Grant can support local growing projects with £500 per project, to be spent on any one-off capital costs associated with setting up a community growing project, such as raised beds and gardening equipment.

We offer Six Free Trees annually to parish councils, with the next round opening later in the autumn of this year. We have given away over 500 trees since the scheme started in 2019. Every parish council in the district is offered six trees for planting on parish council or school land. This could also fund one larger pot-grown tree, if preferred.

We are also offering up to £5,000 for Electric Vehicle Charge Points at village halls and community buildings. This grant is open to parish councils and community groups, with up to £5,000 available per project for the 2024/25 financial year. This grant funds chargers for public use, supporting residents without their own private parking in making the transition to electric vehicles. The chargers can also be used by the public.



Cllr Bridget Smith and Cllr Brian Milnes at South Cambridgeshire Hall's solar car port

If you know of a local community building, parish council building, or village hall that would benefit from an EV charger, get in touch with the building management.

You can find out more information by searching these grants on our website at [www.scambs.gov.uk](http://www.scambs.gov.uk)

There are also other organisations that also offer community grants to help nature and food growing.

Nature Cambridgeshire is running the Fund for Nature, which can fund £5,000 towards community projects that directly increase nature in local green spaces. Visit [www.cambscf.org.uk/funds/fund-for-nature](http://www.cambscf.org.uk/funds/fund-for-nature)

The Conservation Volunteers and The Woodland Trust both provide packs of free trees to schools and communities. These trees are for planting on publicly accessible land, rather than private domestic property, so they can be enjoyed by all in the community.

Visit [www.tcv.org.uk/i-dig-treesfree-trees](http://www.tcv.org.uk/i-dig-treesfree-trees) and [www.woodlandtrust.org.uk/plant-trees/schools-andcommunities](http://www.woodlandtrust.org.uk/plant-trees/schools-andcommunities)

Learning through Landscapes offer a Local School Nature Grant. This grant has two elements; £500 of outdoor equipment chosen from a catalogue of over 100 items, and an outdoor learning training course for school staff. Visit [www.ltl.org.uk/projects/local-school-nature-grants](http://www.ltl.org.uk/projects/local-school-nature-grants)

Cllr Brian Milnes, our Lead Cabinet Member for Environment, said:

“ It’s great to see communities make use of these various grants to encourage nature and biodiversity in their area, whether that be tree planting, or creating communal raised beds for growing vegetables. Together they all make a real difference to our environment. ”





# How we are protecting nature in your area

Our Housing and Climate and Environment teams have been working with our grounds maintenance contractor to improve areas of our housing estates for nature.

Although we only control a small amount of land, generally around where our Council houses are, it is important to help nature on land within our ownership.

The 2024 State of Nature report tells us that the UK is one of the most nature depleted countries in the world, and Cambridgeshire is one of the most nature-deprived areas in the country, so it is important to support nature wherever we can in our area.

Previously, we had set aside four areas in Coton, Fen Ditton, Guilden Morden and West Wickham for wildflowers and planted 262 trees and hedge plants in Bourn and Great Abington, funded by the Local Authority Treescaping Fund.

This year, we have planted six new native trees, set aside wildflower areas, and constructed three habitat piles at three more sites in Swavesey, Over and Orwell.

We were advised by an ecologist on the locations and species used, and hope that once the flowers and trees establish this year, they will be looking their best by next Spring, for all to enjoy.



The areas set aside allow wildflowers and grasses to grow and bloom in summer rather than being mowed. This benefits insects that use these plants for shelter and food, especially pollinators like bees and butterflies. It also helps larger animals who feed on these insects.

Once they have finished flowering at the end of summer, the flowers are cut. Wildflowers prefer soil that is low in nutrients, so cuttings are removed, so they do not rot down and fertilise the soil. They will then have the right conditions to flower again next year.

Our habitat piles are made from logs, branches and turf piled over a shallow hole. These structures can provide shelter for a whole host of insects, as well as small mammals like mice and hedgehogs, and amphibians like toads and newts.



Cllr Brian Milnes, our Lead Cabinet Member for Environment, said:

“ The preservation of nature is an investment in our future. Every tree planted or saved, and every species protected, enriches our local communities. ”



## Useful resources

If you are interested in helping nature in your area or would like to get involved in community-based nature recovery projects, visit [www.scambs.gov.uk/climate-emergency-and-nature](http://www.scambs.gov.uk/climate-emergency-and-nature)

Our website includes resources for you such as case studies, a project directory, and useful information such as Natural Cambridgeshire's Local Nature Recovery toolkit. You can also find information on grant funding for community nature projects on page 12.



# Secure a grant for up to £5000

## Join the Green Business Impact Programme.

Get free **expert support** whatever your business. Learn how to measure and reduce energy use, **identify savings** through eco-friendly practices, and **get ahead** of your competitors.

Designed for businesses in Cambridge, Huntingdonshire and South Cambridgeshire that are interested in reducing their carbon footprint, improving energy efficiency, cutting utility costs, and showing their customers how they are moving towards net zero.

Access a grant\* of up to **£5,000** on completion of the programme to help with energy saving adaptations.



Scan to apply and start your journey to a more sustainable future!

For more information please contact

[hello@alliaimpact.co.uk](mailto:hello@alliaimpact.co.uk)

[www.bit.ly/GreenBizImpact](http://www.bit.ly/GreenBizImpact)



\*Grants will be distributed on a first come, first serve basis.

This programme is a collaborative effort led by Cambridge City Council, South Cambridgeshire District Council, Huntingdonshire District Council, the Cambridgeshire and Peterborough Growth Hub and the Cambridgeshire & Peterborough Combined Authority. It is jointly delivered by Allia and PECT.



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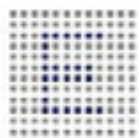
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# Start your journey to a greener home with Open Eco Homes 2024

Supported by our Zero Carbon Communities grant, local charity Cambridge Carbon Footprint is offering free expert-led talks and tours of eco-homes, including in Histon, Willingham, Stapleford and other locations, between 21 September and 20 October.

The Open Eco Homes initiative aims to showcase the future of sustainable living with a focus on all-electric homes.

Open Eco Homes offers a unique opportunity for residents to gain insights into making homes more environmentally friendly, while also considering the costs and advantages of such improvements. Early-adopter hosts will be eager to show you around their homes and share the fascinating stories behind them, including their triumphs and setbacks.

“ Our hosts - many of whom were originally inspired by visiting Open Eco Homes tours themselves - started their home improvement journeys for a variety of reasons, from improving accessibility, investing to lower bills and just wanting to create a greener, healthier home for their family. The majority have reached the same conclusion: it is possible to create your dream home whilst cutting bills and carbon. ”

- Fran Sutton from Open Eco Homes



Image credit: High Street Willingham, Conscious Design Studio

This year's programme will feature a diverse array of technologies aimed at improving home energy efficiency and sustainability. For example, there are several homes with air source heat pumps, which are used for heating and cooling homes more efficiently than traditional systems. Solar panels and battery storage systems are also common, allowing homeowners to generate and store their own electricity.

Other features in this year's homes include mechanical heat ventilation and recovery systems, advanced insulation, natural materials, draught-proofing, high-performance windows and doors and rainwater harvesting.

When asked about the eco-home events, one participant wrote: "I liked the detailed information about what materials had been used, and

some of the compromises that had to be made." Another noted that they felt more confident about approaching their own project after "being reassured by other people having the same thoughts and challenges but surviving and benefiting from it all."

Nine trailblazing homes will open their doors and a series of talks will include:

- Low-cost home energy improvements
- Is a Heat Pump right for you?
- Climate change gardening
- Retrofitting historic homes.

All events in-person and online are free, but advance booking is required. Come along and be inspired to start your journey to a greener home.

➔ [www.cambridgecarbonfootprint.org/open-eco-homes](http://www.cambridgecarbonfootprint.org/open-eco-homes)



# An easier way to check your eligibility for home energy efficiency funding

Action on Energy is a partnership of Cambridgeshire councils that provides our communities with advice and support for maximising home energy efficiency, which can save you money on your energy bills and reduce your carbon emissions.

The Action on Energy website has information on energy efficiency, retrofit measures, funding opportunities, installation, and other practical guidance.

The website now has a new feature on the grant funding application form so that you can easily check if you live in a specific area which does not need to prove income for HUG2 funding.

You can then continue to make a self-referral for either home energy efficiency funding scheme if you believe you are eligible via any route listed.

Grant funded schemes such as HUG2 are available to support low income households and can provide measures such as loft insulation, cavity wall insulation, solid wall insulation, solar PV, and heat pumps.

There is also information on subsidised funding to support the installation of heat pumps to replace existing fossil fuel systems. To learn more about these schemes and the eligibility criteria for each of them, go to the 'funding' page of the Action on Energy website.



## Current funding schemes available

Some of the funding schemes we currently have available are:

- Home Upgrade Grant 2 (HUG 2)
- Energy Company Obligation (ECO 4) flex

## Find out more about Action on Energy

👉 [www.actiononenergycambs.org](http://www.actiononenergycambs.org) ☎ 01223 457340

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-  [agecare.uk.com](http://agecare.uk.com)

Scan here





# Trout return to the upper River Mel following restoration work

In 2023, work to restore the River Mel took place in a partnership between us, the Wild Trout Trust, Cambridge Water, and Melbourn Parish Council. Since then, we're thrilled to report a native species has returned.

The River Mel is a chalk stream supporting brown trout in its lower reach, and water voles as well as water crowfoot and starwort.

Over the years, the river had become degraded through low flows, over-shading, and pressure from people. The River Mel Restoration Group (RMRG) carried out a lot of improvement and restoration work during the last decade, but in places found it challenging to maintain all that they had done. So, alongside the Wild Trout Trust, we stepped in with machinery to restore the riverbed using a blend of gravel and chalk.

By Spring this year, the river's condition was much improved but there was one thing missing from its upper reaches - the native wild brown trout. Recolonisation of the upper river wasn't possible due to a mill presenting a barrier to the trout's upstream migration.

The Environment Agency (EA) lent their support, capturing 27 wild trout from the river in Meldreth below the

mill. Care was taken to collect a range of sizes, with smaller fish favoured. This was because a range of sizes would ensure genetic diversity, and small fish were more likely to survive being translocated to the upper river.

Translocating trout native to the River Mel is important as it retains their genetic traits. Simply introducing hatchery reared domesticated trout would not achieve the same result as the fish wouldn't be in-tune with their river.

Importantly, the EA hope to repeat the process in the future to reinforce the establishing population. Rob Mungovan from the Wild Trout Trust said, "We've made the habitat, now we're bringing back a flagship species, the wild brown trout. People want to see fish in rivers, so it really felt that something was missing from the upper Mel. Once we are confident that our approach works, this may be a way to get fish established in other headwater streams."



Releasing wild brown trout into the upper River Mel, Melbourn

Steve Hawkins, Chairman of RMRG, said:

“ This is a major milestone in our ongoing mission to improve this priceless chalk stream flowing through Melbourn and Meldreth on its journey to the Rhee. It reinforces years of work by the volunteers of the RMRG since 2005. ”



The Mel Restoration Team; Our Awarded Watercourses Team and Rob Mungovan from the Wild Trout Trust

- For more information on the River Mel, visit [www.rivermel.com](http://www.rivermel.com)
- Find out more about the Wild Trout Trust at [www.wildtrout.org](http://www.wildtrout.org)

# Repair, re-use and recycle your electricals

In October we'll be marking International E-Waste Day and International Repair Day. So how much electronic waste is there and how much of it can be repaired?

UK households are some of the most wasteful in Europe when it comes to throwing away e-waste (electronic waste), generating seven kilograms more than the EU average per person.

In South Cambridgeshire around 260 tonnes of small electrical items are thrown away in black or blue bins each year – they should never be put in either of those bins. Hidden batteries inside electronics cause fires in bin lorries after being crushed. As well as fire risks, valuable resources like precious metals are lost.

Our Lead Cabinet Member for Environmental Services, Cllr Natalie Warren-Green, commented:

“ Since introducing dedicated pink recycling banks for small electrical appliances in South Cambridgeshire and Cambridge, we collected 59 tonnes last year; nine times more than previously. However, this is still only 12% of what is thrown away, and recent research in London found over a third of electrical items put into designated recycling banks still worked and could be re-used. ”



## So, what should we be doing with our unwanted electricals?

### Avoid 'fast tech'.

Choose durable items where possible, avoiding low-quality products which break quickly or are seen as disposable.

### Buy pre-loved.

Next time you need a gadget or appliance, check pre-loved options in your local charity shop or online. Emmaus Reboot in Landbeach refurbishes and sells IT equipment, while the main Emmaus shop sells a wide variety of appliances.

### Donate.

More and more charity shops, like British Heart Foundation in Cambourne, can test and re-sell small electrical items. Check with your local shop.



Pink recycling banks for small electrical items



Experienced volunteers repair electrical items at a Repair Cafe event

### Repair.

It's possible to repair more small electrical items than you might expect – for example 62% of broken toasters are repairable.

While there are plenty of repair services for smartphones, you may need help from experienced volunteers for other items. To find your local Repair Café visit [www.cambridgecarbonfootprint.org](http://www.cambridgecarbonfootprint.org).

### Recycle.

Pink banks are not the only places you can recycle small e-waste. All large Household Recycling Centres in Cambridgeshire can accept them, and shops like supermarkets and department stores must accept your old appliance for recycling if you are buying a similar new one from them. Some shops like Currys and B&Q will recycle small e-waste without the need to buy. To find locations to drop off small electrical items for recycling, just visit [www.recycleyourelectricals.org.uk](http://www.recycleyourelectricals.org.uk)

It's possible to repair more small electrical items than you might expect – for example 62% of broken toasters are repairable.





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[enquiries@cambridge.cats.org.uk](mailto:enquiries@cambridge.cats.org.uk) | [cats.org.uk/cambridge](http://cats.org.uk/cambridge)

We are run solely by volunteers and appreciate your patience at busy times.



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Find our shop and cafe in Landbeach



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[emmaus.org.uk/cambridge](http://emmaus.org.uk/cambridge)

Connect with us:    



# Do we need a fashion revolution?

British shoppers buy more clothes than any others in Europe, so with fashion contributing up to 10% of global emissions according to the UN, is it time for a revolution in the way we dress?

Some brands have introduced 'sustainable' lines, featuring recycled materials or lower carbon manufacturing. But with the average Briton's wardrobe containing over 50 unworn items it's clear these won't solve the problem alone, even if their environmental claims stand up.

Tackling over-buying of new clothes is key to reducing their impact not only on emissions, but on water and land-use. Making a single pair of jeans uses 10,000 litres of water and cotton crops cover 2.5% of the world's farmland.

## What can we do?

### Clothes rental

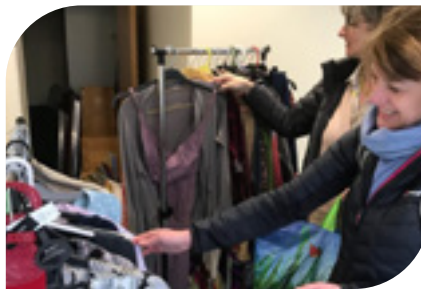
Hiring clothes is no longer just for weddings: there are a growing number of high street retailers – like John Lewis – and bespoke names such as Hirestreet offering affordable ways to borrow everything from high fashion to smart-casual. If renting replaced 10% of new purchases every year, it could save 160,000 tonnes of CO<sub>2</sub> emissions in the UK – equivalent to taking 110,000 cars off the road.



Volunteers mend clothes at a Repair Cafe

### Get swapping

With all those wardrobes full of unworn or unloved clothes, we could be shopping in each other's closets instead of buying new. That's the idea behind a 'Swish' party - named for the sound of hangers being swished along rails. People bring unwanted clothes, volunteers sort them, then people are free to browse and take home anything they like – usually for free. Cambridge Carbon Footprint have a Swish Kit, funded by us, which you can borrow to put on an event in your community.



Swappers browse clothes at a Swish event

### Mend it

Extending the life of clothes by just nine months could save £5 billion in resources. Taking time to fix dropped hems, darn holes or sew on a button can make a big difference. For those of us who don't have these skills, volunteers at your local Repair Café will be happy to help – find events at [www.cambridgecarbonfootprint.org](http://www.cambridgecarbonfootprint.org)

### Buy pre-loved

As well as charity shops and apps like Vinted and Depop, there are some South Cambs businesses specialising in preloved clothes. Vintage shop Moss & Rose in Barrington offer a personal shopper experience as well as pop-up stalls and online shopping. Rehab Vintage based in Bar Hill curates and sells vintage clothing online through their own website, eBay and Etsy.

If your community group wants to be part of the circular economy in South Cambridgeshire, check out our list of example projects at [www.scams.gov.uk/recycling-and-bins/reducing-waste/community-projects](http://www.scams.gov.uk/recycling-and-bins/reducing-waste/community-projects)

If your business contributes to the circular economy, such as by selling pre-loved, hires, or repairs items and you would like advice on marketing or finding networking opportunities, our Business Support and Development Team will be happy to help. Email us at [OpenForBusiness@scams.gov.uk](mailto:OpenForBusiness@scams.gov.uk)

# Bin collection calendar

Bins must be put out by 6am on your collection day. Close lids fully. Please report missed collections between 3:30pm on collection day and 3:30pm the next working day. For advice on how to leave out extra recycling for collection and other policies, see [www.scams.gov.uk/bins](http://www.scams.gov.uk/bins)

**NEVER BIN BATTERIES OR VAPES**  
They cause fires in our bin lorries, and must be recycled separately.

Vapes can be taken back to vape shops, supermarkets, petrol stations or to the large Household Recycling Centres for recycling.

Small household batteries can be put in a small plastic bag, tied shut and left on the top of your bin on collection day. Larger batteries such as e-bike batteries should be taken to Household Recycling Centres.

## GROUP A

### TUESDAY

Coton, Great and Little Chishill, Great Shelford, Heydon, Hinxton, Ickleton, Little Shelford, South Trumpington, Stapleford, Whittlesford

### WEDNESDAY

Balsham, Carlton, Fen Ditton, Fulbourn, Great Wilbraham, Horningsea, Horseheath, Landbeach, Little Wilbraham, Six Mile Bottom, Stow-Cum-Quy, Teversham, Waterbeach, West Wickham, West Wrattling, Weston Colville

### THURSDAY

Abington Pigotts, Barton, Bassingbourn, Cambourne (Great - south of High St.), Caldecote, Chittering, Comberton, Grantchester, Great Eversden, Guilden Morden, Hardwick, Harlton, Haslingfield, Kingston, Litlington, Little Eversden, Madingley, Milton, Odsey, Orchard Park, Orwell, Shingay-Cum- Wendy, Steeple Morden, Toft, Whaddon, Wimpole

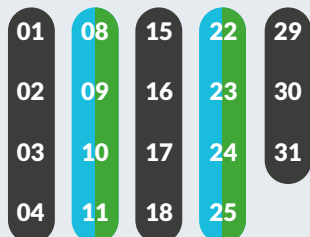
### FRIDAY

Boxworth, Childerley, Conington, Croxton, Elsworth, Eltisley, Fen Drayton, Graveley, Knapwell, Longstanton, Northstowe, Papworth Everard, Papworth St. Agnes, Swavesey

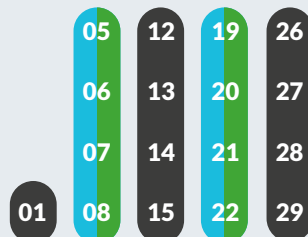
### SEPTEMBER



### OCTOBER



### NOVEMBER



### DECEMBER



Blue and green bin



Black bin only

## GROUP B

### TUESDAY

Barrington, Duxford, Fowlmere, Foxton, Harston, Hauxton, Melbourn, Meldreth, Newton, Shepreth, Thriplow

### WEDNESDAY

Babraham, Bartlow, Castle Camps, Great Abington, Hildersham, Horseheath (Cardinal's Green), Linton, Little Abington, Pampisford, Sawston, Studly Camps

### THURSDAY

Arrington, Bar Hill, Bourn, Cambourne (West, Lower, Upper and Great - north of High St.), Caxton, Croydon, Dry Drayton, Gamlingay, Girton, Hatley, Little Gransden, Lolworth, Longstowe, Tadlow

### FRIDAY

Cottenham, Histon, Impington, Oakington & Westwick, Over, Rampton, Willingham

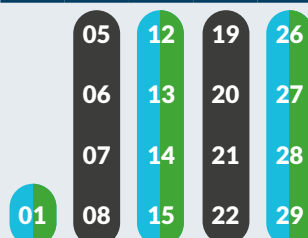
### SEPTEMBER



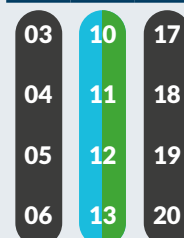
### OCTOBER



### NOVEMBER



### DECEMBER





# What can you recycle through your blue bin?

**Yes**

Remember to rinse food containers

✓ Clean ✓ Empty ✓ Don't bag it



Cardboard



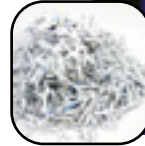
Paper & magazines



Tins, cans & foil



Aerosol cans



Shredded paper (in envelope or clear sack)



Glass bottles & jars



Cartons



Plastic pots, tubs, trays & empty bags



Plastic bottles

Please put used batteries in a clear plastic bag and NOT in your bin.

Place the bag on top of any of your wheelie bins. Batteries must not be put inside the bin. Small portable household batteries can be put in the clear bag - e.g. AA, AAA, 6v, 9v, D, C, button. Do not include mobile phone or laptop batteries. Instead take these to a Household Recycling Centre.



**No**

- ✗ Black bin bags or rubbish
- ✗ Nappies, tissues, kitchen paper, wipes & sanitary waste
- ✗ Polystyrene
- ✗ Glasses, flat glass or glass dishes
- ✗ Mirrors, Pyrex, plates/crockery

The following can be recycled elsewhere - check our website.

- ✗ Clothing and textiles
- ✗ Food, liquid or garden waste
- ✗ Wood, plasterboard & DIY waste
- ✗ Furniture or electricals
- ✗ Scrap metal e.g. pans
- ✗ Hard plastics e.g. bucket
- ✗ Crisp packets

# What can you compost through your green bin?

**Yes**



Untreated wood and sawdust



Garden waste



Cooked/uncooked food waste (including meat, fish and dairy)



Used paper tissues and kitchen paper

**No**

- ✗ Plastic & plastic bags
- ✗ Compostable bags e.g. Biobags
- ✗ Nappies, wipes and sanitary waste
- ✗ Soil or stones
- ✗ Painted or treated wood
- ✗ Cat or dog waste
- ✗ Plant pots and seedling trays
- ✗ Loose ash (wood ash CAN go in the green bin, but only if enclosed in paper bags)

# What rubbish can go in your black bin?

**Yes**

Please try to reduce rubbish that cannot be recycled or composted



General rubbish including nappies, wipes, sanitary waste, polystyrene, broken crockery or glassware (wrapped).

**No**

- ✗ Rubble/bricks
- ✗ Soil
- ✗ Very heavy items
- ✗ Electrical items
- ✗ Batteries
- ✗ Loose ash or vacuum dust. Please bag.

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# Working together to create a communal garden in Girton

Our Council house Resident Involvement team and maintenance provider Mears have been working with residents at St Vincents Close in Girton to create a communal garden for all to enjoy.

The garden aims to provide sensory, edible, floral, and wildlife planting, with an emphasis on community building, wellbeing, and education, through creating a multi-layered and attractive garden for people to sit and socialise, plus a rich habitat for wildlife.

We have already contributed £1,000 towards the project with a further £1,000 to follow, and £2,000 has been committed by Mears. Planters have been built and apple, pear and quince trees will be planted, and pollinator plants in verges alongside traditional wild meadow will support pollination. To support wildlife, the group will make bug hotels, hedgehog houses and bat and bird boxes in trees.

Rainwater capture from the community building for the garden is established and water butts have been donated by residents. Mears have also installed guttering to feed them - saving on water wastage and cost.

Margaret Wilson, Elected Tenant Representative of St Vincents Close said:

“ I would like praise heaped upon Mears and the Resident Involvement team who have done an awful lot of work to make this happen. I was blown away by how good the start has been, and the residents are really impressed. ”

## Pollinator plants in verges alongside traditional wild meadow will support pollination

A scheme like this brings many benefits – including..

### Food production

A variety of food can be grown in planters. Food growing introduces children on where their food comes from and encourage them to eat a wider range of produce. Our food growing will use organic principles, emphasise soil health, companion planting, biological pest control methods, and use organic fertilisers and compost.

### Community engagement

Working together to tend to, weed and water the plants requires communication and teamwork. It develops a sense of belonging, responsibility, encourages socialisation and creates a sense of fun, creativity and pride in what they are achieving.



### Crime prevention

Residents seen working in the garden will be recognised in their neighbourhood and this can deter vandalism and anti-social behaviour.

### Improved health

Evidence suggests gardening and being outside amongst nature is intrinsically important to people's health and can help to reduce anxiety, depression, stress. People with dementia or suffering with memory loss can benefit greatly by being in a garden. Perfume of flowers such as roses and lavender recall memories of youth. Scented and textured plants, or that rustle in the wind, have sensory benefits for those with sight impairment. Socialising and working together can help with loneliness and isolation too.



# Do you need a building regulations application for your outbuilding?

If you are considering your own home improvement project, you may need to consider whether you require Building Regulations approval.

**3C Shared Services Building Control** is an award-winning partnership providing Local Authority Building Control across South Cambridgeshire, the city of Cambridge and Huntingdonshire.

An 'outbuilding' is a term used to describe a structure ranging from a shed to a summerhouse or garden office or studio or annexe.

## When is an outbuilding exempt?

You do not always require a building control approval for most 'small detached buildings' - as they're referred to in the building regulations - if they fit into either of the following categories:

- **Small, detached buildings less than or equal to 15 m<sup>2</sup>**

This could be constructed anywhere within the boundaries of the site (for example, in the garden of a house) and can be built from any material.

The floor area is less than 15 square metres and there is no sleeping accommodation – for example, no beds in sheds.

- **Small, detached buildings less than or equal to 30m<sup>2</sup>**

This could be for example a garage, workshop, home office, garden room or an indoor pool.

The floor area is between 15 and 30 square metres, with no sleeping accommodation and the building is at least 1 metre from the boundary or is made from non-combustible materials.

Non-combustible materials include walls of brick, block, concrete panel, steel frame with metal cladding etc, and roofs of slate, clay or concrete tiles, or metal cladding.

If your outbuilding project doesn't fit the above descriptions, for example a liveable accommodation like an annexe, you will require a building regulations application.

If there are electricians in any of the buildings these must comply with Part P (Electrical Safety) in the building regulations. If there is a shower or toilet in the outbuilding, the plumbing, water supply and any extended drainage will need to be built to meet the standards of Part H (Drainage and Waste Disposal) of the building regulations and this will require a building regulations application.



## To make a Building Regulations application



For further advice and to make a Building Regulations application visit [www.3csharedservices.org](http://www.3csharedservices.org) or contact us on 0300 7729622 or email [buildingcontrol@3csharedservices.org](mailto:buildingcontrol@3csharedservices.org)

You can also visit the LABC Frontdoor website for advice on home improvements, building regulations and working with builders and designers at [www.labcfrontdoor.co.uk](http://www.labcfrontdoor.co.uk)



## Cavendish Court, Cambourne Cambridgeshire

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**01954 714406** or email [cavendish@kingsdale.co.uk](mailto:cavendish@kingsdale.co.uk)



# Children get involved in exciting art sculpture design!

Children from two local primary schools have enjoyed exciting workshops to bring their ideas to life on how to design art sculptures in their villages.

Our Greater Cambridge Shared Planning Youth Engagement Service (YES) team carried out youth engagement workshops with children from Bellbird Primary in Sawston and Fulbourn Primary. Both workshops were put together with input from our YES team, the school and developers, and based on the award-winning Greater Cambridge Shared Planning Youth Engagement Framework.

First of all, around 60 year five students from Bellbird got their thinking caps on for what they would like to see for a proposed public art sculpture at the front of the new Research and Development and office building at Dales Manor Business Park in Sawston. It is a joint venture between Abstract and Bowmer & Kirkland supported by MLA Architects and Sphere 25.

Dales Manor Business Park is near the school and the pupils were accompanied by the local artist commissioned to produce the sculpture, Harry Gray, who spoke about how the nearby agricultural will provide inspiration for his proposed sculpture of a seed.



Bellbird Primary School pupils at the design workshop

CLlr Dr Tumi Hawkins, our Lead Cabinet Member for Planning, who attended the workshops, said:

“ In the process of creating sculptures for their village, young people learnt collaboration and how to balance imagination with practicality, understanding that thoughtful planning is a key foundation of great community works of art. ”



Cllr Tumi Hawkins talking to Bellbird Primary youngsters

Meanwhile, around 50 year five students from Fulbourn Primary School took part in similar workshops giving ideas for a proposed public art sculpture at the front of the new Research and Development and office building, named 'The Optic', at Peterhouse Technology Park on Fulbourn Road. The developer is British Land.

Peterhouse Technology Park is near the school and the pupils were accompanied by the artist commissioned to produce the sculpture, Nathaniel Rackowe, who

spoke about how the chalk pits at the nearby former quarry will provide inspiration for his sculpture.

A fortnight later, the YES team returned to the school where there was a careers day for the three middle school classes. Urban design officers Dr. Bonnie Kwok and Tom Davies talked to the students about their roles within Greater Cambridge Shared Planning and their work in Fulbourn as well as their journeys to becoming urban designers. They also shared the GCSE, A-level and university subjects which they studied.

At both events, students learnt the basics of placemaking as well as the different career options in the built environment - from urban design, town planning, land and property development, construction and art from professionals.



Children at Fulbourn Primary with some of their design ideas



# Update on greenways connecting villages

The Greater Cambridge Partnership (GCP) – of which we are a member – is delivering projects, infrastructure and technology to improve the quality of people’s lives and their experiences of getting around.

With our region continuing to grow, the GCP have been working hard to deliver new greenways. This is a network of 12 new walking, wheeling, cycling and – where appropriate – equestrian routes to better connect Cambridge to our villages and countryside.

Cllr Elisa Meschini, Chair of the GCP’s Executive Board, said:

“ People have told us repeatedly that they want safer streets, and better infrastructure to make it easier for them to walk, wheel and cycle get to work, school or to meet their friends.

We’ve made excellent progress across our greenways network – with new and improved paths, crossings and junctions now in place to make a real difference to people’s daily journeys, with more improvements still to come to better connect our rural areas to the city. ”

The Horningsea Greenway now has a new and improved walking and cycling path connecting the village and Fen Ditton. Future upgrades will include new crossings, junction upgrades and 20mph zones to improve road safety.

Early work on the Waterbeach Greenway has begun, with the main works on the Linton Greenway continuing this summer, alongside works scheduled to commence on Barton Road as part of the Barton Greenway in September.

New and widened cycle paths and a separate footpath are under construction on Cowley Road, with renewed lighting and junction upgrades being delivered as part of the Waterbeach Greenway to make it easier and safer for people to walk, wheel and cycle into the city and to St John’s Innovation Park.



In the Abingtons, Newmarket Road will also see a raft of improvements to encourage more people to walk and cycle to where they need to go, including better access to Granta Park.

To make the school run safer and easier, the GCP has completed work on two new zebra crossings – one outside Comberton Village College and one close to Meridian Primary School – as part of the Comberton Greenway.

Throughout the village, eight junctions have now been updated and now include ‘tactile paving’ to help blind and partially sighted people feel when they are crossing the road.

The path from Babraham Park and Ride to Addenbrookes roundabout has been widened and resurfaced, helping more people to park up and skip the traffic queues into Cambridge Biomedical Campus and city on foot and bicycle.

For more information and to keep up to date with the latest construction updates about the greenways project, visit [www.gretercambridge.org.uk](http://www.gretercambridge.org.uk)





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# Don't accept hate crime

Hate crime comes in many different forms and strikes at the heart of communities. With your help, we can tackle those responsible for hate crime and keep our communities safe.

Police are here and ready to help anyone who has been affected by someone else's prejudice, ignorance, or violence.

Please share the below messages – both online and in your community – to help raise awareness of how to report a hate crime. By reporting hate crime, you may be able to prevent it from happening again.

Any criminal offence can be a hate crime if it was carried out because of hostility or prejudice based on disability, race, religion, transgender identity, or sexual orientation.














When something is classed as a hate crime, the judge can impose a tougher sentence on the offender under the Crime and Disorder Act 1998 and the Criminal Justice Act 2003.

## Racial & Religious Hate Crime

Call 101 - report online  
[www.cambs.police.uk](http://www.cambs.police.uk) or  
 at [www.report-it.org.uk](http://www.report-it.org.uk)

### Examples include:

-  Physical assault
-  Verbal abuse
-  Criminal damage to property or possession
-  Harassment
-  Burglary
-  Causing harassment, alarm, or distress
-  Hate mail
-  Online abuse - for example on Facebook or X (previously Twitter)
-  Displaying or circulating discriminatory literature or posters
-  Graffiti
-  Arson

Report a hate crime online at [www.report-it.org.uk](http://www.report-it.org.uk) or [www.cambs.police.uk/ro/report/hate-crime](http://www.cambs.police.uk/ro/report/hate-crime)

If you do not have internet access, in a non-emergency dial 101.

If you spot a hate crime on public transport, call 0800 405 040 or text 61016.

Alternatively, report hate crime anonymously by calling Crimestoppers on 0800 555 111.

If you are a victim or witness of antisemitic hate, you can find specific support online by visiting the Community Security Trust at [www.cst.org.uk](http://www.cst.org.uk)

If you experience or witness anti-Muslim hate, you can find specific support through visiting Tell MAMA [www.tellmamauk.org](http://www.tellmamauk.org)

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# A refreshed scheme to support guests from Ukraine

This new scheme supports guests from Ukraine with their housing options – and rewards landlords.

Since the outbreak of war in Ukraine, South Cambridgeshire has seen one of the highest numbers of guests arriving under the Homes for Ukraine scheme for a District Council area.

Through the generosity of local hosts, more than 900 Ukrainian guests have been welcomed here since the start of the scheme.

We launched our Homes for Ukraine Landlord Incentive Scheme in response to the difficulties that Ukrainian guests experience when attempting to move out of their host's property and into the private rental sector.

If you are a fit and proper landlord who lets out properties within South Cambridgeshire, or own an empty property within the district, you will be eligible to join the scheme by offering a six-month tenancy to a Homes for Ukraine guests at either market rent, or at a Local Housing Allowance (LHA) rate. Properties that join the scheme must have up to date gas and electrical safety

checks, as well as an up-to-date energy performance certificate.

LHA rates are used to calculate Housing Benefit for tenants renting from private landlords.

If a landlord offers a six-month tenancy to Homes for Ukraine refugees at the LHA rate, they will receive a three-in-one package. This includes six months' rent in advance, a top up payment to bring the rent received to market levels and a one off thank you payment.

The tenant will then pay their rent directly to us. It is the landlord's responsibility to issue a tenancy agreement, and once this has been received by us, payments will be made to the landlord.

We have set incentives for LHA tenancies. As an example, if you offer a three-bed property at LHA rate you would receive six months' rent in advance (£6,750) and a top up payment of £3,150 to compensate you for letting your property out at LHA rate.



If a landlord wishes to let their property out at the market rate, then they would receive one month's rent in advance, and a one off thank you payment of £1,000. To see a full view of incentives on offer, visit [www.scambs.gov.uk/landlordincentive-scheme](http://www.scambs.gov.uk/landlordincentive-scheme)

Our Lead Cabinet Member for Housing, Cllr John Batchelor, said:

“ We appreciate how competitive the private rental market is in South Cambridgeshire, and are aiming to create a level playing field.

There is a large demand for both single bed property and two bed properties. However, we will consider larger properties.

Our team will aim to find you a tenant for the property within ten working days. If we are unable to so, then we will contact landlords to ask if they wish to continue with the scheme. ”



✉ [HFULiaison@scambs.gov.uk](mailto:HFULiaison@scambs.gov.uk)

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# New cardiac rehabilitation class gets underway

We are pleased to introduce - as part of our recently updated Health and Wellbeing Strategy - a Cardiac Phase 4 Rehabilitation Class at Cambourne Fitness and Sports Centre.

It was identified there was a need for this class when Royal Papworth Hospital set up the Phase 3 class in Cambourne, and required a Phase 4 class to refer patients onto.

Our Lead Cabinet Member for Communities, Cllr Henry Batchelor, explains:

“ The Active & Healthy 4 Life Cardiac Phase 4 Rehabilitation scheme is designed for those patients completing Phase 3 rehab or those having experienced a recent cardiac event. The benefits are seen through attending a weekly exercise class over a four-month period, delivered by a qualified instructor within a gym environment. ”



Steven (Phase 4 instructor) demonstrating the gym equipment

Following a cardiac heart event, a patient is supported by the hospital in their recovery to return to normal life referred to phase 1, 2 & 3 and includes suitable exercise. Cardiac Phase 4 Rehabilitation is community based with the aim to continue the support required for the patient to regain functional fitness and return to an active lifestyle.

The Active & Healthy 4 Life Cardiac Phase 4 Rehab scheme costs £20 per month which includes:

- An initial assessment with a qualified instructor.
- A personal exercise programme to follow in a gym environment.
- A set cardiac class to attend weekly with the instructor.
- Progress review at the end of the first month, with guidance provided by the instructor.
- Access to other classes on offer at the sports centre – as long as health condition and progress means this is appropriate.
- Regular guidance and support from the instructor.
- After four months, a final assessment is undertaken with the instructor and the patient discharged from the scheme.

Patients are encouraged to continue exercising at the sports centre and with activities established in daily life.



## How to get on the Cardiac Phase 4 Rehabilitation scheme

### Step one

Get a BACPR transfer/referral form from your hospital or your GP.

### Step two

Contact the Cambourne Sports Centre to make an initial assessment appointment with the instructor.

### Step three

Take the completed form with you to your initial assessment.



## Centre Contact

📍 Cambourne Fitness and Sports Centre, Back Lane, CB23 6FY

☎ 01954 714070

🕒 Set gym class session with the instructor - Tuesdays 4.15pm to 5.30pm.

🕒 Sports centre opening - Weekdays 6am to 9pm, Weekends 8am to 4pm.

✉ [AandH4L@scambs.gov.uk](mailto:AandH4L@scambs.gov.uk)

🖱 [www.scambs.gov.uk/cardiac](http://www.scambs.gov.uk/cardiac)

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Many thanks to your team for their hard work, its very much appreciated especially as they were installing it in a big thunderstorm." - Kate

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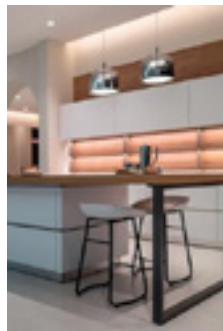
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# Taking education to new heights!

CamCare UK is a Cambourne-based charity that was formed in 2015 to create opportunities for regular meetups and activities.

Many activities and festivals are provided free of charge throughout the year for South Cambridgeshire residents. We've helped to fund the organisation using our Community Chest funding.

Cambourne Electronics and Robotics Club (CERC) is the academic wing of CamCare UK and is dedicated to empowering young people with technical and computational skills.

Over the years, CERC has provided science, technology, engineering, and mathematics (STEM) education and mentorship to over 2,000 students locally and 4,500 globally.

Students have excelled in national and international robotics competitions and the charity received Best Youth Initiative Award from us in 2018 and the Best STEM Initiative Award from Cambridge Independent in 2023. CERC has also been the charity partner of the nation's largest electronics award, Elektra 2023.

An exciting project that is taking place very soon is the CambSat Youth Satellite project which is



aimed at secondary school students giving them an opportunity to create a simulation of a real satellite, just on a smaller scale. The launch will either be achieved by a rocket or dropped via a drone or captive balloon. The project, which received £2,000 in Community Chest funding from us, will provide the students with experience in technology, physics, programming, environmental issues, sustainability practices and the impact of space exploration on the environment. A key aim of this project is to teach students how to achieve a safe landing, and analyse the data collected.

## FIRST LEGO Robotics Open Championship

Also under the guidance of CERC, children from Cambourne embarked on an extraordinary journey to Sydney, Australia in July to represent the United Kingdom in the esteemed Asia Pacific Lego Robotics Open Championship. Having already secured an overall 2nd place in the UK National Championship was a significant milestone in itself. This latest competition was testament to all the hard work, time, and vision provided by the children, parents, teachers, and mentors of CERC.

The children of Cambourne returned home with a Rising All-Star Award trophy - a great achievement.

To find out about more projects, visit CamCare UK's website at [www.camcare.org.uk/cerc](http://www.camcare.org.uk/cerc)





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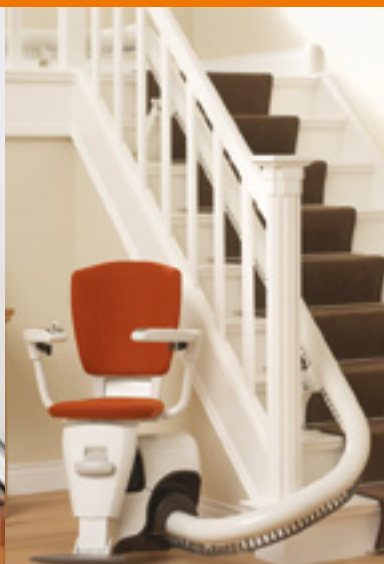
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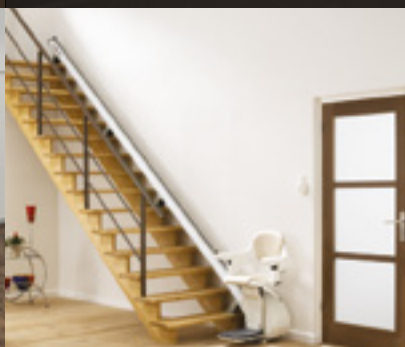
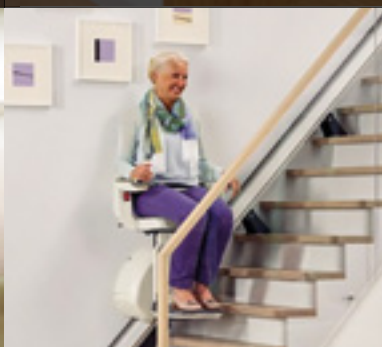
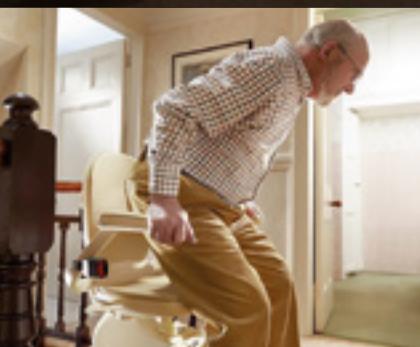
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# ‘The Bourn Identity’

Nestled in the rural west of South Cambridgeshire, the village of Bourn embodies community spirit, localism, and small business appeal.

A small yet vibrant village ten miles from the city of Cambridge, there’s more to Bourn than meets the eye with its broad social and entrepreneurial trends tempting not only its residents but also persuading visitors from neighbouring villages and further afield. Perhaps this is an opportunity to uncover the real ‘Bourn Identity’?

There’s Manor Farm, a landmark and hive of business activity at the heart of the village. The Stove Café and The Kitchen and Bakery, assets of the foodie community, where brilliantly fresh menus using locally sourced ingredients to create homebaked delights for all to indulge can be found – target a seat outdoors because this is a popular and social venue! Close by, Knibbs Meat Safe is the award-winning independent butcher specialising in high quality and ethically sourced goods.

Adjacent to Manor Farm, Lalbagh Restaurant is a family-run multiaward nominee pursuing excellence and experts in Bangladeshi and Indian cuisine. A hot spot that locals and visitors have come to love. Branching out? The Willow Tree is your quintessential independent English gastropub to recon if you seek local charming countryside walks, dog-friendly and a classic Sunday roast.



Away from food, nearby Acer Gundog Training is where man’s best friend’s boundless energy and stamina is harnessed. The team helps build unbreakable bonds using in-person and online training techniques. Uncover more gems at Manor Farm including opportunities to learn new skills and embrace the outdoors at Wildly Curious where bushcraft activities, archery, CPD and training, and other themed events are all offered. Fancy a new look? The highly rated Bourn4Hair salon has got you covered on that front.

Travel up the road to Cambridge Country Club for state-of-the-art health and fitness facilities encouraging members to accomplish their goals in contemporary surroundings. Be it wellness, events, dining or navigating the golf course fairways, this is a venue replete with amenities and a full events schedule published on their website. Perhaps you need to relax at PAUS, a unique haven of Scandinavian-inspired tranquillity. From plunge pools to hot tubs, pampering to exercise, PAUS is a sanctuary of serenity with



a range of events to embark upon, nature trails and a Hilltop Bistro.

Finally, discover England’s oldest windmill site, Bourn Windmill, as you meander along the countryside footpaths or why not take up ceramic masterclasses at Bourn Pottery – work hard, ‘clay’ harder.

The Bourn Identity is now revealed to all! Remember, if you’d like your village featured in a future spotlight, just email [openforbusiness@scambs.gov.uk](mailto:openforbusiness@scambs.gov.uk)



# Visit South Cambs

Keats described Autumn as the “Season of mists and mellow fruitfulness!” but there’s nothing mellow about it in South Cambs.

From pumpkin picking to firework displays, air displays to antique fairs, there is always something for everyone. Our dedicated tourism economy website; Visit South Cambs has plenty of inspiration for days out in South Cambridgeshire all year round.

With British Food Fortnight taking place in September, and National Vegetarian Week and UK Coffee Week in October, there are many reasons to support our wonderful cafés, pubs, and restaurants or farm shops like Burwash Larder and Maggie’s Farm Shop in Barton, Bury Lane in Melbourn, Flourish in Hildersham, and Woodview Farm Shop in Gamlingay, all selling fresh locally sourced produce.

The Rail & Ale Trail was recently launched by the Meldreth, Shepreth and Foxton Community Rail Partnership – which we are a part of. It offers you a chance to relax and appreciate the countryside, while finding a warm welcome in any of the 16 pubs along the route. Read a little more about this on page 5.

Heritage Open Days in September are a great time to explore the history and culture to be found in

the district, including The Farmland Museum and Denny Abbey in Waterbeach, and St John the Baptist Church, Papworth St Agnes. Bourn Windmill and Hinxtton Watermill also have open days in September and October respectively.

Half term can be a challenging time for parents trying to find ways to keep children of all ages entertained.

For the outdoors types, there is bushcraft at Wandlebury and Owls Barn Lake in Cottenham, or Big Tree Climbing at Wimpole.

It’s equally important for grownups to let off steam too, perhaps with a gym session at Knapwell’s OUTTRAIN followed by a sauna next door at Chill At The Yard.

We are proud of South Cambridgeshire’s growing markets and are delighted to see the return of the Bar Hill Community Market in October. Check out our website to see when your nearest market is on. Remember, if you’re a market organiser or a trader, our stallholder directory can help match you up to fill an empty pitch. Visit [www.scams.gov.uk/business/southcambridgeshire-markets](http://www.scams.gov.uk/business/southcambridgeshire-markets) to find out more.

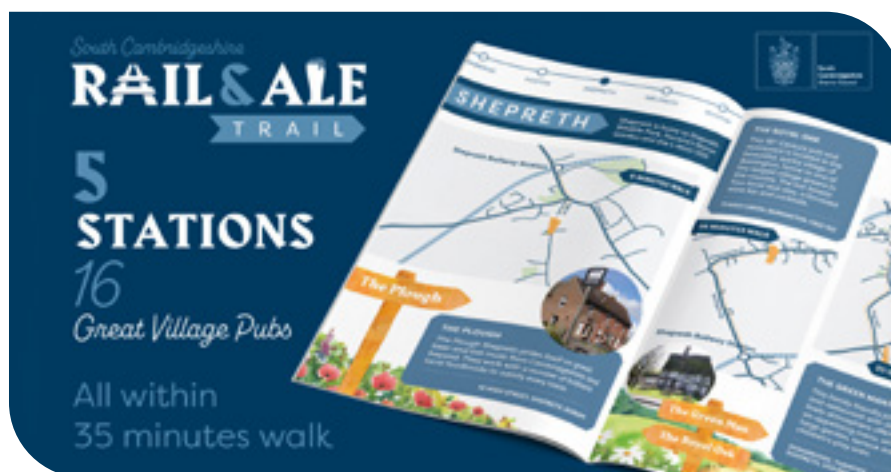


Cllr Peter McDonald, our Lead Cabinet Member for Economic Development, said:

“ We are so fortunate to have such a variety of businesses and places to visit on our doorstep. Let’s continue to support local and discover hidden gems in South Cambridgeshire. Follow us on social media @VisitSouthCambs for weekly inspiration. ”



South Cambridgeshire hospitality, leisure and independent retail businesses and event organisers can get a free listing on Visit South Cambs, which is visited by around 2,000 people from around the world every month. Just use the QR code to take you to our easy to fill in form.





# A Luxurious Mindful Spa Day for Two!

Indulge in the ultimate relaxation experience with our exclusive Mindful Spa Day giveaway at the Cambridge Country Club, valued at £340. Take this opportunity to refresh your mind and body in a serene setting designed for total rejuvenation.

## What's Included in the Mindful Spa Package:

- **60 Minutes of Combined Treatment Time:** Begin with a soothing Back, Neck & Shoulder Massage, followed by your choice of a Personalised Elemis Facial or a Shoulder, Neck & Scalp Massage.
- **Full Access to Luxurious Facilities:** Enjoy our stunning Swimming Pool, Sauna, Steam Room, Whirlpool, Loungers, and Gym Facilities.
- **Delicious Two-Course Lunch:** Savor a delectable two-course lunch served in our serene Spa Lounge.
- **Comfort Essentials:** Towel and robe hire are included for your convenience.
- **Relaxation Areas:** Unwind in our Himalayan Salt Room and Relaxation Area.

## Schedule:

- Arrival Time: 9 AM
- Departure Time: 5 PM

## Location:

Cambridge Country Club, Toft Road, Bourn, Cambridge, CB23 2TT.

Don't miss this chance to experience pure bliss and relaxation. Enter now and make time for the ultimate mindful retreat with a friend. Good luck!

## To enter

To be in with a chance of winning, just answer this question:

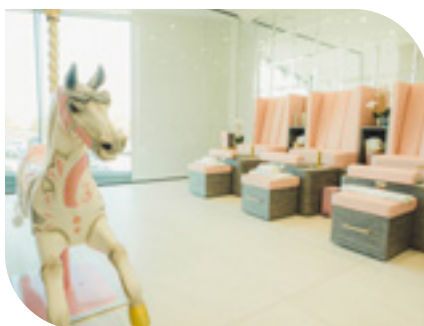
**What is the name of the new coworking and business engagement space that has opened at South Cambs Hall?**

- a) South Cambs Together**
- b) South Cambs Connect**
- c) South Cambs Network**

You can enter the competition online.

➔ [www.scambs.gov.uk](http://www.scambs.gov.uk)

Click 'Apply' and then 'Reader's competition'.



## Don't have Internet access?

You can enter by post. Send your name, address and telephone number, along with your answer to the question, to:

✍ South Cambs Magazine Competition, South Cambridgeshire District Council, Cambourne Business Park, Cambourne, CB23 6EA

Closing date for entries is 5pm on Friday 4 October.

Terms and conditions are available at [www.scambs.gov.uk/t-c](http://www.scambs.gov.uk/t-c) or can be requested by calling us. The winner will be notified in October and announced in the winter issue of South Cambs Magazine.

## Winner's spotlight

The winner of our previous competition was Melanie Osmant from Sawston. Melanie won a year of comedy shows for herself and a guest at the Town & Gown in Cambridge, worth over £600. Melanie said:

'It was a lovely surprise to win the Big Deal Comedy shows prize and I am so looking forward to seeing some great comedy throughout the year!'





Oedipus Tyrannus, May 2024 (Photo by Paul Ashley)

experience the very best from your local theatre!

Hilarity Theatre Group

### THE VICAR OF DIBLEY

By Richard Curtis and Paul Mayhew-Archer, adapted by Andrew Phippen and Jonathan Willis

An evening full of laughter with the brilliant **Vicar of Dibley**. Will Geraldine get her Parish Council to pull off the ultimate festive show?

**TUE 17 - SAT 21 SEP AT 7.45PM**

**SAT 21 SEPTEMBER AT 2.30PM**

Between the Bars

### FUN HOME

By Lisa Kron and Jeanine Tesori, adapted from the graphic memoir by Alison Bechdel

Winner of five Tony Awards, **Fun Home** is a refreshingly honest, original musical about seeing your parents through grown-up eyes.

**TUE 24 - SAT 28 SEP AT 7.45PM**

**SAT 28 SEPTEMBER AT 2.30PM**

Corkscrew Theatre Company

### THE MAN WHO ARGUED HIMSELF TO DEATH

By Colin Swash

The Big Olive. Athens. Before B.C. existed. The populists are on the rise and they're looking for a scapegoat. Sound familiar? Any old goat will do. Enter Socrates.

**TUE 01 - SAT 05 OCTOBER AT 7.45PM**

Cambridge University Amateur Dramatic Club

### FENCES

By August Wilson

**Fences** explores the realities of fatherhood, lost dreams and heartbreak and the attempts of one black Pittsburgher family to survive.

**TUE 22 - SAT 26 OCTOBER AT 7.45PM**

**SAT 26 OCTOBER AT 2.30PM**

Cambridge University Musical Theatre Society

### SISTER ACT

By Alan Menken, Glenn Slater, Cheri Steinkellner and Bill Steinkellner

Hiding out in a convent, disco diva Deloris helps her fellow sisters find their true voices as she unexpectedly rediscovers her own.

**TUE 05 - SAT 09 NOV AT 7.45PM**

**SAT 09 NOV AT 2.30PM**

CUADC and Cambridge Footlights Pantomime 2024

### SNOW WHITE

by Lizzy Riley and Alice Roberts

Mirror, mirror, on the wall...what's the best pantomime of all? Don't miss this year's **CUADC/Footlights Pantomime: Snow White!**

**WED 27 NOV - SAT 07 DEC AT 7.45PM**

**MATINEES AT 1PM AND 2.30PM**

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